Ergonomic Flight Suit Design

- Sizing System & Pattern -

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Agenda

- Introduction
- Objective of the Study
- Method: Ergonomic Design
- Results
 - Sizing System Design
 - Pattern Design
- Discussion







Importance of Flight Suit



Combat Flight Suit



≥ 6 hours/day





Complex cockpit environment



Ejection





Importance of Flight Suit



Combat Flight Suit





Efficient Mission Accomplishment Flight Combativeness



Problem Statement



Usability survey by the ROK Air Force Headquarters in 2009

Sizing System

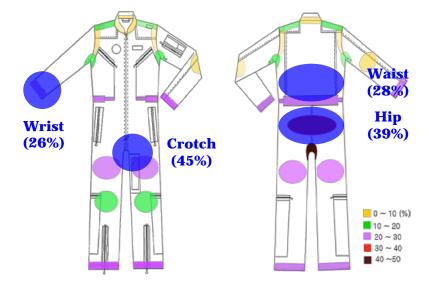
- Difficult to find a right size
- <= 18 sizes based on stature & chest circumference by using the anthropometric data of 3,973 Army soldiers measured in 2002

Pattern

- Lack of fit, discomfort in motion
 - <= inappropriate application of anthropometric data
 - <= use of improper allowance

Stature Chest circumference	Special small < 163	Small < 168	Medium < 173	Large < 178	Special < 183	Special large < 190	Total
85 (82.5~87.4)							7.1 (115)
90 (87.5~92.4)	(1.55	7.19	8.06			19.8 (320)
95 (92.5~97.4)			10.11	12.15	5.52		30.8 (497)
100 (97.5~102.4)			5.27	10.79	6.76		25.7 (415)
105 (102.5~107.4)			2.17	4.22	3.53		11.4 (184)
110 (107.5~112.4)			0.68		1.18		3.8 (64)
115 (112.5~117.4)			0.19)	0.37		1.1 (17)
120 (117.5~122.4)					0.06		0.1 (1)
125 (122.5~127.4)					0.00)	0.0 (0)
Total	0.18	5.64	28.83	39.00	21.14	5.21	100(1,613)

Existing sizing system



Problematic areas



Objective of the Study



Sizing System

New sizing system design for Korean pilots



Target accommodation percentage: 95%



Pattern

Improvement of the existing pattern designs



Fit, mobility, convenience ↑

Contribution to combativeness through improvement of flight suit design



Research Framework

Shoulder Width

Waist Circumference

Hip Circumference

Thigh



Sizing System

- 1) Analysis of Korean pilot anthropometric data
- 2) Improvement of the existing sizing system
- 3) Analysis of the accommodation percentage



Korean pilot anthropometric data

Pattern

- 1) Analysis of the characteristics of flight suit wearing and pattern
- 2) Survey the usability problems
- 3) Determination of improvement directions
- 4) Development of design equations: design var. = f{anthropometric var. + allowance}
- 5) Application of the design equations to pattern design

Ergonomic Flight Suit Design

Evaluation of the Improved Design





Sizing System Design



- **ROK pilot anthropometric data:** 1,613 pilots (KBS8415-1022)
- **❖ 17% accommodation percentage** ↑

Size interval = 5 cm (1.97 inch)

Stature Chest circumference	Special small < 163	Small < 168	Medium < 173	Large < 178	Special < 183	Special large < 190	Total
85 (82.5~87.4)	1	0.93	3.22	2.05	New 23	3 sizes	7.1 (115)
90 (87.5~92.4)		1.55	7.19	8.06	2.91		19.8 (320)
95 (92.5~97.4)		1.86	10.11	12.15	5.52	1.05	30.8 (497)
100 (97.5~102.4)		0.87	5.27	10.79	6.76	2.05	25.7 (415)
105 (102.5~107.4)			2.17	4.22	3.53	1.18	11.4 (184)
110 (107.5~112.4)			0.68	1.49	1.18	A	fter 97 %
115 (112.5~117.4)	Existing	18 sizes	0.19	ļ	0.37		1.1 (11)
120 (117.5~122.4)	Before 80%				0.06		0.1 (1)
125 (122.5~127.4)			070		0.00	,	0.0 (0)
Total	0.18	5.64	28.83	39.00	21.14	5.21	100(1,613)



Pattern Improvement



Design criteria		Part	Problem	
	Α	Neck	tight & tense	C-1,2
Mobility	В	Sleeve	excessive allowance (wrist, sleeve width)	Putting front neck down
	С	Collar	tight, unnatural	
	D	Waist	excessive allowance	Curved neckline Bias direction
	Е	Crotch	tight & tense	Pocket angle
Fit	F	Hip	circumference: excessive allowance length: tight in sitting	D-2
	G	Slacks	circumference: excessive allowance length: short	$\begin{array}{c} 0.5 \text{ cm} \rightarrow \\ 0.5 \text{ cm} \uparrow \\ \text{Back waist} \end{array}$
Conve- nience	Н	Pocket	inconvenient	Back adding allowance Front
				E 1cm → 1cm ←
			Circumference reduction 0.5cm	Adding allowance Calf pocket depth adjustment Calf pocket depth adjustment Slack length adjustment Slack length adjustment Circumference reduction 0.5cm
			Slack length adjustment circumference reduction Slack length adjustment	



design equations

Design Equations



Anthropometric	Design equation = f(anthropometric variable + allowance)					
Variables	Existing	Improved				
A Chest circumference	Front: B/4+3.25 Back: B/4+3.75	Front: B/4+3.6 Back: B/4+3.6				
B Neck back breadth	B/12	B/12				
C Back breadth	B/5+6.37	B/5+5.4				
D Axilla breadth	Front : breast width/2+3.5 Back : shoulder width/2+4	Front: breast width/2+3 Back: shoulder width/2+3				
E Chest breadth	B/5+5.37	B/5+4.9				
F Shoulder breadth	Front: shoulder breath/2+5.05 Back: shoulder/2+5.85	Front: shoulder breath/2+4.6 Back: shoulder/2+5.6				
G Wrist circumference	Wrist circumference+18.6	Wrist circumference+14.9				
H Waist circumference	Front: waist circumference/4+5.85 Back: waist circumference/4+6.85	Front: waist circumference/4+4 Back: waist circumference/4+4				
I Hip circumference	Front: H/4+8.3 Back: H/4+7.3	Front: H/4+8 Back: H/4+7				
J Slack circumference	Front : ankle circumference/2+11.3 Back : ankle circumference/2+16.3	Front : ankle circumference/2+9.8 Back : ankle circumference/2+13.8				
K Hip front breadth	Hip circumference /4+2.3	Hip circumference /4+2.8				
L Crotch front	H/20+1.26	H/20+1.26				
M Hip back breadth	H/4+4.3	H/4+4.3				
N Crotch back	H/20+10.26	H/20+10.26				
O Hip line height	H/20+7.26	H/20+7.26				
P Sleeve length	Arm-hole circumference/2+23.4	Arm-hole circumference/2+23.4				
Q Sleeve circumference	AH/6+3	AH/6+3				
R Slacks length	Leg length + 1	Leg length + 1				
S Waist back	Crotch circumference + 0.5	Crotch circumference + 0.5				
T Neck front circumference	Neck front circumference + 1	Neck front circumference + 1				

* Existing design equations: Kim & Park (2004) etc. 13 references

Survey existing

1st usability test

1st adjustment of allowances

2nd usability test

2nd adjustment of allowances

※ B: breast / AH: arm-hole

Evaluation of Improved Desi

- Participants: 38 pilots (4 to 5 pilots for 8 sizes showing a higher accommodation percentage)
 - Subjective satisfaction (5-point Likert scale)
 - Ease of wearing/taking-off, allowance, mobility, convenience
 - Range of motion (ROM): 12 body motions



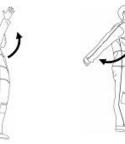


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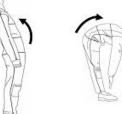








Trunk



Hip flexion



Knee

flexion







Shoulder

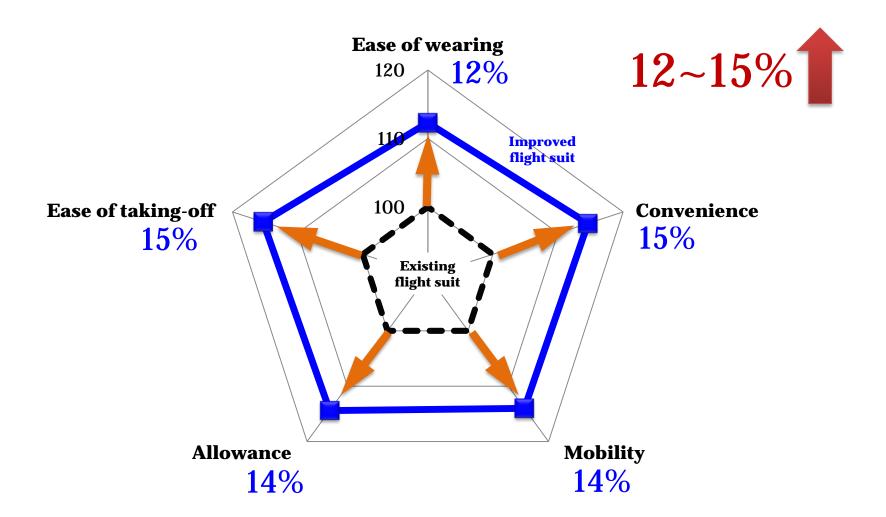
extension



aiH



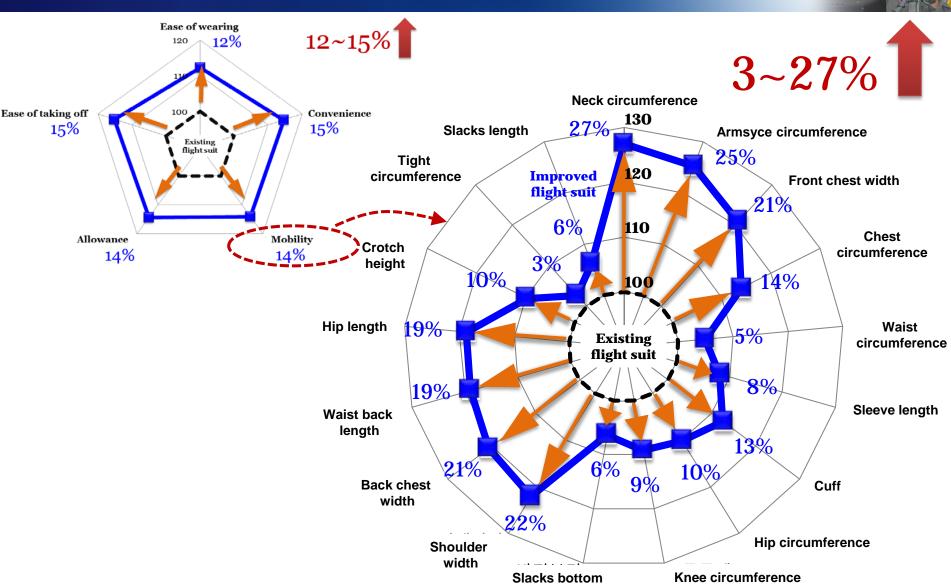
Result: Subjective Satisfaction





Result: Mobility





Result: ROM **Neck extension Upper leg** 120 4~13% abduction **Neck flexion** 12% 7% 110 Hip **Shoulder flexion** abduction 1/3% **10%** 100 **Improved** flight suit **Existing** Trunk **Shoulder extension** flight suit lateral flexion **8**% 10% Shoulder **Trunk extension 4**% abduction **8**% **Trunk Knee flexion** flexion **Hip flexion** 12



Discussion



- riangle Accommodation percentage of the new sizing system: 97% (17% \uparrow)
 - Used Korean pilot anthropometric data
 - Eliminated 5 unnecessary size categories and added 10 necessary size categories
- **❖ Improvement** of the **existing pattern design**
 - 8 parts: neck, sleeve, collar, waist, crotch, hip, slacks, and pocket
 - ⇒ Fit, mobility, convenience ↑
 - Subjective satisfaction: $12 \sim 15\% \uparrow$; ROM: $4 \sim 13\% \uparrow$
- **Development** of the **design equations**
 - Pattern design variables = f{anthropometric variables, allowances}
 - **⇒ Applicable for a flight suit customized to an individual**
- **!** Limitation: Evaluated on the ground => need to evaluate in flight operations







Summer Flight Suit



❖ Addition of 5 vent-holes for better ventilation in flight suit





Winter Flight Suit





Pattern improvement

Sizing system improvement

01/2011





Q & A



Thank You for Your Attention ©

